

Rigid gas permeable  
contact lenses

appenzeller  
kontaktlinsen®  
passt.

# i-NIGHT

Wear overnight – see during  
the day: Without spectacles,  
without contact lenses.



Orthokeratology  
at the highest level



passt.

Wear at night,  
see during the day.



# Without glasses or lenses.

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You wear contact lenses during the day –  
to see better.

**You wear night lenses at night –  
to see better during the day.**

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With closed eyes, the i-NIGHT is barely noticeable and can therefore also be used by people who are intolerant to contact lenses. These night-time lenses ensure that the curvature of the cornea is gently reshaped during sleep.

**As a result of this effect, short-sightedness decreases or is corrected, which is especially crucial for children who have progressive myopia.**

Thanks to the i-NIGHT, restrictions while working or in sport as a result of contact lenses or glasses are a thing of the past. This definitely makes your everyday life more carefree making additional lenses or glasses superfluous, resulting in lower costs.

## **The advantages: Unrestricted freedom**

- Good alternative to surgical myopia correction.
- No irritated eyes, no dust under the contact lenses.
- No problems with hay fever, no foreign body feeling.
- Works after just 6 hours of sleep, lasts all day.
- Ecologically beneficial: Annual lenses save packaging.
- The procedure is reversible.
- Also very suitable for children: There is no risk of them leaving their glasses lying around or losing their lenses.

## During the day

Complete vision without lenses/glasses.

Insert lens  
you go to

**Cornea**  
without lenses  
**in the evening**

**Cornea**  
without lenses  
**in the morning**

The gentle reshaping of the cornea  
is evened out off again during the day.

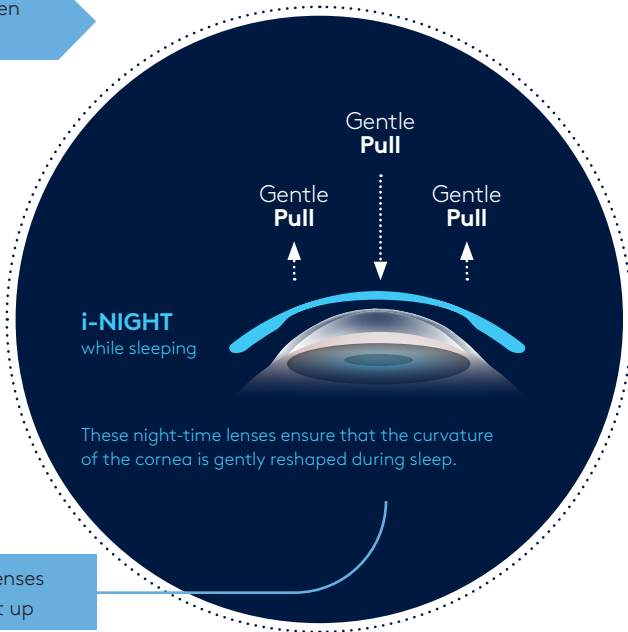
Take out  
when y



## At night

You go to bed, wearing your lenses.

es when  
o bed



the lenses  
ou get up



## The most frequent questions.

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### Why contact lenses?

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So you can see better. No – to let you see perfectly. Not just clearly, but also without any restrictions. Some glasses may make you look good, but no pair of glasses is as good as contact lenses. Why is that? Contact lenses give you freedom – total freedom. Because there is no frame, earpiece or lens limiting your field of vision. And contact lenses can be worn at work and during sport and recreation. Without restriction.

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### Why custom contact lenses?

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With contact lenses, units of measurement imperceptible to the naked eye are of crucial importance. Another major difference: When using daily and monthly contact lenses, the eye has to adapt to the lens. With custom lenses it is the other way round: These are adapted to your eyes.

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### Why night lenses (Ortho-K lenses)?

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Night lenses do not dry out the eyes at all and are unnoticeable while you sleep. Moreover, loss of the lenses at night is highly unlikely.

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### Why custom contact lenses from the optician or ophthalmologist?

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For good reasons: Your optician or ophthalmologist is specialised in contact lenses. They have completed the necessary further/professional training. Consequently, these professionals know precisely what kind of contact lenses are right for you and your eyes. They also have the experience and patience to tailor them exactly to your eyes.

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## Handling and care of the Ortho-K lens

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To avoid complications such as irritations or infections of the eye, the Ortho-K lenses have to be carefully inserted and cared for.

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## Preparation for wearing the Ortho-K lens

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Cleanliness is the first and most important step: Your hands must be completely clean before touching the lenses. Use disposable tissues to prevent any germs or bacteria getting on to your lenses. Avoid creamy soaps, lotions or oily cosmetics. Always begin with the same lens to avoid confusion.

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## Insertion of the Ortho-K lens

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Observe the following steps to place the lens on the eye:

- Rinse the lens with saline solution.
- Put the lens on your forefinger.
- Fill the lens with a few drops of saline solution.
- Carefully place it in the middle of your eye and blink cautiously and without pressure

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## Removal of the Ortho-K lens

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If the lens is stuck on the eye in the morning:

- Put 2–3 drops of saline solution in your eye.
- Wait until the lens moves freely as you blink.
- Only now can you remove the lens from the eye.

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## Cleaning and storing the Ortho-K lens

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- Clean the lens for about 20 seconds with the Appenzeller contact lens cleaner.
- Then rinse carefully with the saline solution from our care range.
- Disinfect and neutralise the lens with the peroxide system from Appenzeller contact lenses. The large baskets of the peroxide system are ideal for storing our Ortho-K lenses.



passt.

More information:  
[www.i-night.ch](http://www.i-night.ch)

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contact lenses

i-NIGHT



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